Positive Behavior Intervention Support (PBIS) The Nuts and Bolts

What is PBIS?

- A systems approach for establishing the social culture and individualized behavioral supports needed for schools to be effective learning environments for all students. (Horner & Sugai)
- A broad range of proactive, systemic, and individual strategies for achieving important social and learning outcomes in safe and effective environments while preventing problem behavior with all students. (Sugai, 2007)

Critical Elements of PBIS are:

- Careful acknowledgement, consideration, and achievement of outcomes that are valued by significant stakeholders
- Adoption and sustained utilization of research-validated practices and curricula that maximize achievement of student and teacher outcomes
- Application of data-based decision-making at many levels with multiple individuals across contexts (regular education vs. special education and home vs. school) and with multiple outcomes
- Development of systems that are needed to ensure consideration of valued outcomes, research validated practices, and data-based decision –making

What Does School-Wide PBIS Emphasize?

- 🖊 DATA for decision-making
- **4** OUTCOMES that are measured, supported, and evaluated by data
- PRACTICES with evidence that these outcomes are achievable
- **4** SYSTEMS that efficiently and effectively support implementation of these practices

What Outcomes are Associated with Implementation of PBIS?

- Less reactive, aversive, dangerous, and exclusionary
- More engaging, responsive, preventive, and productive
- 🖊 Address classroom management and disciplinary issues
- 4 Improve supports for students whose behaviors require more specialized assistance
- **4** Most importantly, maximize academic engagement and achievement for all students

What is the Continuum of School-Wide PBIS?

A three-tiered prevention logic requires that all students receive support at the universal level. If the behavior of some students is not responsive, more intensive behavioral supports are needed, in the form of a group contingency call secondary tier, or a highly individualized plan recognized as the intensive or tertiary tier.

PBIS Biggest Ideas!

- ✓ Instead of working harder (inefficient), schools have to establish systems/processes and use data and practices that enable them to work smarter (efficient & effective).
 - PBIS enables schools to:
 - Establish a small number of priorities "do less, better"
 - Consolidate/integrate whenever possible "only do it once"
 - Specify what is wanted and how you'll know when you get there "invest in a clear outcome and assess progress"
 - Give priority to what works "research-based, evidence-based"
- A "framework" of doing business at the school ~ PBIS is a continuum of evidencedbased (SWIS) interventions that supports all students in academic and behavioral settings
- ✓ PBIS is not just teaching social skills, it is a continuum built around the entire schools that teaches a set of skills and clear expectations for students to infuse into their set of social competencies

PBIS Support Resources:

- 🖊 <u>www.pbis.org</u>
 - The Technical Assistance Center on Positive Behavioral Interventions and Supports website is maintain in collaboration with the United States Department of Education with the support of United States Special Education Programs ~ There are eleven (11) technical units that support across the United States
 - Directors:
 - Dr. George Sugai University of Connecticut
 - Dr. Rob Horner University of Oregon
 - Dr. Tim Lewis University of Missouri
 - Yearly: PBIS Leadership Conference Chicago, Illinois

- The Association for Positive Behavior Support (APBS) is an international organization dedicated to promoting PBIS. The association is made up of professionals, family members, trainers, consumers, researchers, and administrators who are involved and interested in positive behavior support.
 - Yearly: APBS International Conference State Rotation

↓ <u>www.swis.org</u>

- This School-Wide Information System (SWIS) allows schools to organize around three features: Data Entry, Reporting, Tools
 - Reports schools can utilize are:
 - Average Referrals Per Day Per Month
 - Referrals by Problem Behavior
 - Referrals by Location
 - Referrals by Time
 - Referrals by Student